



Malnutrition

The community health programme of JBGVS focuses on eradicating malnutrition from the project villages. Special awareness programmes are conducted for adolescent girls as they are the future mothers. Anemia at this age is quite common in the villages. Once the girls reach pregnancy stage after marriage, the condition deteriorates as their workload in the in-laws families' increases but quality of food does not improve. Many times their basic nutritional requirements are not met. As a result, they give birth to premature or low birth weight babies. Quite often these children suffer from malnutrition. To tackle this problem, awareness programmes are conducted for just married, pregnant women and young mothers. The programmes highlight on use of locally available cereals, vegetables, fruits in right quantity and cook them in a way to make them tasty as well as nutritious. For young mothers, the importance of breast feeding is explained so that the immunity of the children improves. During pregnancy stage, our Multipurpose Workers (MPWs) first register the woman to the local Primary Health Centre (PHC) so that she is checked regularly by a qualified doctor and the vaccination course is completed. In case of any emergency or for urgent delivery, the MPW accompanies her to the nearest hospital. In our project villages, this has resulted in almost 100% delivery at hospitals under the supervision of a qualified doctor. The MPWs are trained by JBGVS time to time to update their knowledge.

VCDC

After a child is delivered, Immunization schedule is completed under Govt. programme with help from MPWs. Guidance is also given on nutrition requirement of the child time to time by organizing special programme by doctors/ counselors. Regular check-up is also conducted in all pre-primary (Anganwadis) and primary schools in partnership with PHCs and concerned Govt. departments (ICDS). If any child is found to have undernourishment as per Govt. standard, JBGVS provide support for supplementary diet and support VCDCs. All these activities have helped the villagers and particularly women to eradicate malnourishment from the villages.